

# How Can You Be Angry & Not Sin?

Ephesians 4:25-32

Introduction:

1. Anger = \_\_\_\_\_.

2. Symptoms = \_\_\_\_\_.

3. Proverbs 30:33.

## I. Anger is Normally Wrong

A. What is it listed with? - Galatians 5:19-21

B. What are you to rid yourself of? - Colossians 3:8

C. P \_\_\_\_\_ without being angry - I Timothy 2:8.

## II. Anger Isn't Always Wrong

A. When was Lord Jesus angry? - Matthew 21:12-13 & John 2:13-17

B. The Lord never committed sin (Hebrews 4:15) but was very angry here. What made the difference?

1. What did Jesus say about Himself?

a. What is the proof? - John 2:18-19

b. Colossians 1:15-16 & 2:9.

2. So why would that explain his answer here? - Isaiah 56:7 & Jeremiah 7:11

## III. So How Can We Keep from Our Anger Becoming Sin?

A. O \_\_\_\_\_ an insult or an offense.  
- Proverbs 12:16 & 19:11.

B. Don't be quick to be P \_\_\_\_\_ - Ecclesiastes 7:9  
& Proverbs 14:17.

C. Respond to insult with a G \_\_\_\_\_ A \_\_\_\_\_  
- Proverbs 15:1.

D. Keep your emotions under C \_\_\_\_\_ - Proverbs 29:11.

E. Don't even associate with H \_\_\_\_\_ T \_\_\_\_\_  
people - Proverbs 22:24.

F. Don't go to B \_\_\_\_\_ angry! - v26-27.

Galatians 5:22-23

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