**What Type of Fruit Are We to Bear?**  
Galatians 5:22-23

**I. What is the Fruit of the Spirit?**

**II. The Inward Fruit of the Spirit**

A. Love.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. Why is its expression unnatural?

3. What would this fruit constrain you to do? – Romans 12:20

B. Joy.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. What frees you from guilt & gives you real joy?

C. Peace.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. Where can your inner peace come from?

**III. The Outward Fruit of the Spirit**

A. Patience.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. What ability does this fruit have, but doesn’t?

B. Kindness.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. How did Jesus show this trait? – John 8:1-11

C. Goodness.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. What does this fruit emphasize the most?

**IV. The Godward Fruit of the Spirit**

A. Faithfulness.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. Everyone can C\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on him.

B. Meekness.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. Why are the meek fortunate? – Matthew 5:5

3. Who was the meekest man? – Numbers 12:1-4

4. How can meekness be displayed? – James 1:12; Galatians 6:1; II Timothy 2:25 & I Peter 3:15

C. Self-Control.

1. It’s definition = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. This is the right use of what?

3. How is it used in the Bible? – I Corinthians 9:25 & 7:9.

4. How is it used in the Christian life? – Act 24:25; II Peter 1:6; John 8:29 & Romans 15:3